

2024-2025 SOUTHERN CROSS PROGRAM (2011 & 2012 BORN)**UNDER 14 METRO BOYS**

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|--------------------|-----------|--------|-------------------|--------|
| METRO BOYS TRIAL 1 | 20/9/2024 | Friday | 5:00 pm - 8:00 pm | Bendat |
| METRO BOYS TRIAL 2 | 27/9/2024 | Friday | 5:00 pm - 8:00 pm | Bendat |
| METRO BOYS TRIAL 3 | 6/10/2024 | Sunday | 1:00 pm - 4:00 pm | Bendat |

UNDER 14 METRO GIRLS

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|---------------------|-----------|--------|-------------------|--------|
| METRO GIRLS TRIAL 1 | 20/9/2024 | Friday | 5:00 pm - 8:00 pm | Bendat |
| METRO GIRLS TRIAL 2 | 27/9/2024 | Friday | 5:00 pm - 8:00 pm | Bendat |
| METRO GIRLS TRIAL 3 | 6/10/2024 | Sunday | 1:00 pm - 4:00 pm | Bendat |

UNDER 15 METRO BOYS

| | | | | |
|--------------------|-----------|----------|--------------------|--------|
| METRO BOYS TRIAL 1 | 13/9/2024 | Friday | 5:00 pm - 8:00 pm | Bendat |
| METRO BOYS TRIAL 2 | 28/9/2024 | Saturday | 5:00 pm - 8:00 pm | Bendat |
| METRO BOYS TRIAL 3 | 5/10/2024 | Saturday | 9:00 am - 12:00 pm | Bendat |

UNDER 15 METRO GIRLS

| | | | | |
|---------------------|-----------|----------|--------------------|--------|
| METRO GIRLS TRIAL 1 | 13/9/2024 | Friday | 5:00 pm - 8:00 pm | Bendat |
| METRO GIRLS TRIAL 2 | 29/9/2024 | Sunday | 9:00 am - 12:00 pm | Bendat |
| METRO GIRLS TRIAL 3 | 5/10/2024 | Saturday | 9:00 am - 12:00 pm | Bendat |

COUNTRY SCP TRIAL CAMPS

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|-------------------|-----------|----------|--------------------|--------|
| U14 COUNTRY GIRLS | 5/10/2024 | Saturday | 12:00 pm - 5:30 pm | Bendat |
| | 6/10/2024 | Sunday | 9:00 am - 12:30 pm | Bendat |
| U14 COUNTRY BOYS | 5/10/2024 | Saturday | 12:00 pm - 5:30 pm | Bendat |
| | 6/10/2024 | Sunday | 9:00 am - 12:30 pm | Bendat |
| U15 COUNTRY GIRLS | 5/10/2024 | Saturday | 12:00 pm - 5:30 pm | Bendat |
| | 6/10/2024 | Sunday | 9:00 am - 12:30 pm | Bendat |
| U15 COUNTRY BOYS | 5/10/2024 | Saturday | 12:00 pm - 5:30 pm | Bendat |
| | 6/10/2024 | Sunday | 9:00 am - 12:30 pm | Bendat |

SOUTHERN CROSS SELECTION CAMPS

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|-------------------------------|------------|----------|--------------------|--------|
| SELECTION CAMP - U14 ATHLETES | 19/10/2024 | Saturday | 1:00 pm - 4:00 pm | Bendat |
| | 20/10/2024 | Sunday | 9:00 am - 12:30 pm | Bendat |
| SELECTION CAMP - U15 ATHLETES | 19/10/2024 | Saturday | 4:00 pm - 7:00 pm | Bendat |
| | 20/10/2024 | Sunday | 9:00 am - 12:30 pm | Bendat |

SOUTHERN CROSS CAMPS

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|---------------------------|------------|----------|--------------------|----------------------|
| SCP CAMP 1 | 9/11/2024 | Saturday | 12:00 pm - 5:30 pm | Bendat |
| | 10/11/2024 | Sunday | 9:00 am - 12:30 pm | Bendat |
| SCP CAMP 2 - U14 ATHLETES | 7/12/2024 | Saturday | 12:30 pm - 3:30 pm | Mike Barnett Complex |
| | 8/12/2024 | Sunday | 8:00 am - 11:00 am | Mike Barnett Complex |
| SCP CAMP 2 - U15 ATHLETES | 7/12/2024 | Saturday | 3:30 pm - 6:30 pm | Mike Barnett Complex |
| | 8/12/2024 | Sunday | 11:00 am - 2:00 pm | Mike Barnett Complex |

KEY DATES

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|--|-----------|----------|---------|--------|
| HIGH-PERFORMANCE DEVELOPMENT CARNIVAL | 9/1/2025 | Thursday | ALL DAY | Bendat |
| | 10/1/2025 | Friday | ALL DAY | Bendat |
| | 11/1/2025 | Saturday | ALL DAY | Bendat |
| | 12/1/2025 | Sunday | ALL DAY | Bendat |

SOUTHERN CROSS CHALLENGE

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|--|-----------|----------|---------|-----------|
| U14 SCC DATES (TBC) U15 SCC DATES (TBC) | 16/1/2025 | Thursday | ALL DAY | MELBOURNE |
| | 17/1/2025 | Friday | ALL DAY | MELBOURNE |
| | 18/1/2025 | Saturday | ALL DAY | MELBOURNE |
| | 19/1/2025 | Sunday | ALL DAY | MELBOURNE |
| | 20/1/2025 | Monday | ALL DAY | MELBOURNE |

2024-2025 UNDER 16 (2010 & 2011)**UNDER 16 METRO BOYS TRIALS**

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|--------------------|-----------|----------|--------------------|--------------|
| METRO BOYS TRIAL 1 | 19/1/2025 | Sunday | 1:00 pm - 4:00 pm | Bendat |
| METRO BOYS TRIAL 2 | 25/1/2025 | Saturday | 9:00 am - 12:00 pm | Bendat |
| METRO BOYS TRIAL 3 | 31/1/2025 | Friday | 5:30 pm - 7:30 pm | Bendat |
| METRO BOYS TRIAL 4 | 2/2/2025 | Sunday | 5:30 pm - 7:30 pm | Bendat - TBC |
| METRO BOYS TRIAL 5 | 7/2/2025 | Friday | 5:30 pm - 7:30 pm | Bendat |
| METRO BOYS TRIAL 6 | 9/2/2025 | Sunday | 5:30 pm - 7:30 pm | TBC |

UNDER 16 METRO GIRLS TRIALS

| | | | | |
|---------------------|-----------|----------|--------------------|--------------|
| METRO GIRLS TRIAL 1 | 19/1/2025 | Sunday | 9:00 am - 12:00 pm | Bendat |
| METRO GIRLS TRIAL 2 | 25/1/2025 | Saturday | 9:00 am - 12:00 pm | Bendat |
| METRO GIRLS TRIAL 3 | 31/1/2025 | Friday | 5:30 pm - 7:30 pm | Bendat |
| METRO GIRLS TRIAL 4 | 2/2/2025 | Sunday | 5:30 pm - 7:30 pm | Bendat - TBC |
| METRO GIRLS TRIAL 5 | 7/2/2025 | Friday | 5:30 pm - 7:30 pm | Bendat |
| METRO GIRLS TRIAL 6 | 9/2/2025 | Sunday | 5:30 pm - 7:30 pm | Bendat - TBC |

U16 COUNTRY TRIAL CAMPS

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|----------------|-----------|----------|--------------------|---------|
| COUNTRY CAMP 1 | 25/1/2025 | Saturday | 1:00 pm - 5:00 pm | Bendat |
| | 26/1/2025 | Sunday | 9:00 am - 12:00 pm | Bendat |
| COUNTRY CAMP 2 | 15/2/2025 | Saturday | 1:00 pm - 5:00 pm | TBA/TBC |
| | 16/2/2025 | Sunday | 9:00 am - 12:00 pm | TBA/TBC |

**U16 SPP CAMPS (all country and metro athletes)
(Only for athletes selected into the State Performance Program)**

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|------------|-----------|----------|--------------------|--------|
| SPP CAMP 1 | 1/3/2025 | Saturday | 12:00 pm - 5:30 pm | TBA |
| | 2/3/2025 | Sunday | 9:00 am - 12:30 pm | TBA |
| | 3/3/2025 | Monday | 9:00 am - 12:30 pm | TBA |
| SPP CAMP 2 | 29/3/2025 | Saturday | 1:00 pm - 5:00 pm | TBA |
| | 30/3/2025 | Sunday | 9:00 am - 12:00 pm | BENDAT |
| SPP CAMP 3 | 12/4/2025 | Saturday | 1:00 pm - 5:00 pm | TBA |
| | 13/4/2025 | Sunday | 9:00 am - 12:00 pm | Bendat |

2024-2025 UNDER 18 KEY DATES (2008 & 2009 BORN)**UNDER 18 METRO MEN TRIALS**

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|--------------------|------------|----------|--------------------|--------|
| METRO MENS TRIAL 1 | 19/9/2024 | Thursday | 5:00 pm - 7:30 pm | Bendat |
| METRO MENS TRIAL 2 | 22/9/2024 | Sunday | 1:00 pm - 4:00 pm | Bendat |
| METRO MENS TRIAL 3 | 28/9/2024 | Saturday | 9:00 am - 12:00 pm | Bendat |
| METRO MENS TRIAL 4 | 6/10/2024 | Sunday | 1:00 pm - 4:00 pm | Bendat |
| METRO MENS TRIAL 5 | 13/10/2024 | Sunday | 1:00 pm - 4:00 pm | Bendat |
| METRO MENS TRIAL 6 | 20/10/2024 | Sunday | 1:00 pm - 4:00 pm | Bendat |

UNDER 18 METRO WOMEN TRIALS

| | | | | |
|----------------------|------------|----------|--------------------|--------|
| METRO WOMENS TRIAL 1 | 19/9/2024 | Thursday | 5:00 pm - 7:30 pm | Bendat |
| METRO WOMENS TRIAL 2 | 22/9/2024 | Sunday | 1:00 pm - 4:00 pm | Bendat |
| METRO WOMENS TRIAL 3 | 28/9/2024 | Saturday | 9:00 am - 12:00 pm | Bendat |
| METRO WOMENS TRIAL 4 | 6/10/2024 | Sunday | 1:00 pm - 4:00 pm | Bendat |
| METRO WOMENS TRIAL 5 | 13/10/2024 | Sunday | 1:00 pm - 4:00 pm | Bendat |
| METRO WOMENS TRIAL 6 | 20/10/2024 | Sunday | 1:00 pm - 4:00pm | Bendat |

U18 COUNTRY TRIAL CAMPS

| | | | | |
|----------------|------------|----------|--------------------|--------|
| COUNTRY CAMP 1 | 28/9/2024 | Saturday | 12:00 pm - 5:30 pm | Bendat |
| | 29/9/2024 | Sunday | 9:00 am - 1:00 pm | Bendat |
| COUNTRY CAMP 2 | 12/10/2024 | Saturday | 1:00 pm - 5:00 pm | Bendat |
| | 13/10/2024 | Sunday | 9:00 am - 12:00 pm | Bendat |

U18 SPP CAMPS**(Only for athletes selected into the State Performance Program)**

| | | | | |
|-------------|------------|----------|--------------------|--------|
| SPP COMBINE | 1/11/2024 | Friday | 5:00 pm - 8:00 pm | TBA |
| | 2/11/2024 | Saturday | 10:00 am - 5:30 pm | Bendat |
| | 3/11/2024 | Sunday | 9:00 am - 1:00 pm | Bendat |
| SPP CAMP 2 | 30/11/2024 | Saturday | 1:00 pm - 5:00 pm | TBA |
| | 1/12/2024 | Sunday | 9:00 am - 12:00 pm | TBA |
| SPP CAMP 3 | 4/1/2025 | Saturday | 1:00 pm - 5:00 pm | Bendat |
| | 5/1/2025 | Sunday | 9:00 am - 12:00 pm | Bendat |
| SPP CAMP 4 | 18/1/2025 | Saturday | 1:00 pm - 5:00 pm | Bendat |
| | 19/1/2025 | Sunday | 9:00 am - 12:00 pm | Bendat |

U18 METRO SPP SESSIONS

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|------------------------------------|-----------|--------|-------------------|--------|
| SPP Session (Metro athletes only)* | 24/1/2025 | Friday | 5:00 pm - 8:00 pm | Bendat |
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